

Woodside Therapeutic Massage  
Client Intake Form

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zip Code \_\_\_\_\_  
Best Phone \_\_\_\_\_ Email \_\_\_\_\_

Have you received Massage Therapy before? Yes No  
What kind of pressure did you prefer? Light Moderate Firm Deep  
Have you experienced any recent injuries or pain? If yes, where? When?

\_\_\_\_\_

Have you had any surgeries? Y/N  
Where? When? \_\_\_\_\_

\_\_\_\_\_

Would you like a specific area focused on? If yes, where?  
\_\_\_\_\_

Would you like any specific areas avoided? Face, feet, scalp, ... etc.  
\_\_\_\_\_

Are you currently taking any medications? If yes, please list.  
\_\_\_\_\_

Do you have any allergies? If yes, please list.  
\_\_\_\_\_

Do you suffer from any major health issues? (heart or lung disease, high or low blood pressure, cancer, diabetes, ... etc.)  
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I \_\_\_\_\_, have answered this form to the best of my ability and will inform my massage therapist of any future changes in my health. I understand massage therapy is not a substitution for a doctor's care and understand my massage therapist cannot diagnose. I will abide by Woodside Massage's 24 hour cancellation policy.

Signature: \_\_\_\_\_  
Date: \_\_\_\_\_